

20 October 2021  
**HHS Year 7 - All About Me Day**



**THE  
HESSE  
ACADEMY**

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Dear parent

We are pleased to inform you that on Thursday 4 November 2021, Year 7 students will be taken off their usual timetable for the day to take part in a wide variety of workshops, with the focus being their personal health, safety and emotional wellbeing.

The event focuses on a range of issues affecting young people today including:

- Road Safety – as a pedestrian, cyclist and passenger;
- Personal Health – know your body;
- Equality & Diversity;
- Sexuality and healthy relationships;
- Community Health - Anti-Social Behaviour;
- Prevent – Signs of Radicalisation;
- Anti-Bullying.

There will also be Careers sessions, giving students the opportunity to learn more about the options that will be available to them when they finish school and what types of careers they may be suited to.

The all-day event will involve the students having up to nine workshops but tutor, break and lunchtime arrangements are as usual, and the day will finish at 2.55pm, so students are able to access their normal travel arrangements.

We would actively encourage parents to discuss their child's experience after the event. If you require any further information about any of the issues presented during the event please contact the school.

Yours sincerely

Mrs M Edwards  
Personal Development Coordinator

