13 October 2021 Hessle High School Y7-11 only



Penshurst Primary School

Winthorpe Road, First Lane, Hessle, East Yorkshire HU13 9EX Tel: 01482 648808 Email: ppsoffice@hessleacademy.com

Hessle High School & Sixth Form College

Tranby House, Heads Lane, Hessle, East Yorkshire HU13 OJQ Tel: 01482 648604

Email: hhsoffice@hessleacademy.com Website: www.thehessleacademy.co.uk

Dear Parent

You may recall that, last year, we made the decision to reduce the duration of lunchtime by ten minutes in the winter months. Unfortunately, we did not have the opportunity to implement this change as the country entered the second national lockdown in early January.

The rationale for this decision has not changed and therefore I am writing to inform you that, with effect from 1 November, the lunch session for all students will be shortened by ten minutes. The reasons for this change are:

- The split lunch break has been extremely successful enabling all students to have more time and space in the canteen and other areas to enjoy their lunch
- The canteen can therefore manage to serve all students in each cohort in sufficient time for them
 to eat, socialise and exercise in the shortened lunch break. We have also invested in additional
 tills and serving areas to reduce wait times
- A shorter winter lunch enables students the opportunity to get some fresh air and exercise but
 means that they are not exposed to the cold and damp weather for longer than is necessary. In
 inclement weather, students will of course be provided with indoor social areas at lunchtimes
- A reduced lunch means an earlier end to the school day enabling students the opportunity to stay for after school clubs and sports and still arrive home in daylight

The changes to the lunch break are outlined below:

	Cohort A (Years 8 and 9)	Cohort B (Years 7, 10 and 11)
Lunch start time	12.15	13.15
Lunch end time	12.50	13.55
End of school day	14.50	14.55























The winter lunch break will remain in operation until the half term break in February. Thereafter, we will revert to the current longer lunch break enabling students more time to socialise and exercise outdoors.

Yours sincerely

Mr V Groak Headteacher