



PSHE / RSE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception						
Year 1	Who is special to me and why? What are manners and why do we need them? What are the rules in school?	What are the different types of media? How do I keep myself clean?	What is the difference between bullying and being unkind? How do I know what is a right/wrong action is?	Who can I seek help from? How do others show their emotions?	What are the differences between some cultural, ethnic and religious groups? How can I stay safe in different places?	What can I do with money? What successes am I proud of?
Year 2	How can I stay safe in different places? Why do we have immunisations and vaccinations? What do I do in an emergency?	What successes am I proud of?	How do I keep myself clean and why is this important? How do I talk about happy/sad feelings?	How do I know what is a right/wrong action is and how can I help to fix it? What makes different communities unique? Where does money come from?	What is marriage? What are the different types of bullying? Why am I important to others?	How can I look after money? What are the different types of media? How do I follow the school rules?
Year 3	What are the risks of not maintaining good personal hygiene? What are classroom rules and how do we follow them?	Why is it important to seek and give permission in relationships with different people? When is it necessary to seek help from others? Who can I ask?	When is and action wrong? How might someone be affected by it? How do I build and maintain positive relationships? How do I know if I am unhappy or unsafe?	Why are different types of media needed? When should I share secrets with others? How do I resist teasing or bullying? Who should I go to for help if I witness teasing or bullying?	Which cultural, ethnic and religious groups make up the UK? What are my personal successes? How have I overcome obstacles?	What are good and bad feelings on my body? How can I manage these feelings? How does money play a role in my own and other's lives?
Year 4	What are the consequences of discrimination, teasing, bullying and aggressive behaviour? How people affected by actions that are wrong? How can keep myself, including my teeth, healthy?	Does the media portray the truth? How can I manage my money?	How can I change my actions to promote positive relationships, mental health and inclusion? What emotions do people have and how can I support?	What are our class and school rules and how can I be a good role model to younger children? How can I help others when they feel at risk?	What are the different cultural and ethnic groups that make up the world? What do stereotypes and how do I challenge them? How do I show respect to others?	Where do I go if I am worried about unsafe situations and what do I say? What are my future goals?
Year 5	How can we assess and manage risks?	How are personal successes linked to mental health? How can you invest money?	How do I know right from wrong actions?	What makes a community diverse?	How can I be a model citizen?	What happens to my body as I go through puberty?

	Why does the media present information in different ways?		How do rules and laws govern society?	What can I do to stay healthy?	Why do people use discriminatory language and is there a consequence for this?	
Year 6	<p>How do I show respect to people from other backgrounds and challenge others who do not demonstrate this?</p> <p>Why does bullying happen and what can I do to prevent/stop this?</p> <p>Why do I need to focus on how I am feeling?</p> <p>What are the positive and negative aspects of media?</p>	How are the laws/rules different in countries around the world?	<p>How do I keep myself safe in different situations?</p> <p>Why is mental health just as important as physical health?</p>	<p>How can I be a critical consumer?</p> <p>What are the different protected characteristics and how can I challenge the discrimination of these?</p>	<p>What can I do if I feel pressured or uncomfortable to do something that is wrong?</p> <p>What are the risks of legal and illegal harmful substances such as, drugs, smoking and alcohol use?</p>	<p>What are my aspirations?</p> <p>How do I plan for my future?</p> <p>How do I plan for my future?</p> <p>What do I know about money matters?</p>