Week One

Choose a main meal...

on the side... Coleslaw,

Sweetcorn, Salad for dessert...

Secret Brownie

Week Two

Choose a main meal...

Cheese & Tomato Pizza Sandwich - Ham Jacket Potato and Beans Veggie Supreme Pizza

Choose a main meal...

Jacket Potato and Cheese

Chicken Tikka Masala

Sandwich - Cheese

Macaroni & Cheese

Wedges Sweetcorn, Salad for dessert...

Fruit Muffin

on the side...

Broccoli. Peas

for dessert...

on the side...

If you don't fancy

dessert, you can always enjoy fresh fruit or yoghurt.

Jacket Potato and Beans Vegetable, Cheese & Tomato

Sandwich - Ham

Pizza

& Gravy

Sandwich - Turkey

Potatoes & Gravy

Meatballs & Pasta

Sandwich - Cheese

Quorn Balls & Pasta

Jacket Potato and Beans

Choose a main meal...

Choose a main meal... Pork Sausages & Mashed Potato

Choose a main meal...

Cheese & Tomato Pizza

Week Three

Sandwich - Cheese Jacket Potato and Cheese Vegetarian Sausages & Mashed Potato

Choose a main meal...

Roast Turkey with Roast Potatoes

Country Vegetable Pie with Roast

on the side...

on the side...

Sweetcorn, Salad

Raspberry Yoghurt

for dessert...

Wedges

Cake

Peas. Carrots for dessert...

Fruit Pudding & Custard

on the side...

Carrots, Cabbage

Flapjack with Fruit Slices

for dessert...

Cheese & Tomato Pizza Sandwich - Ham Jacket Potato and Beans Veggie Pizza

Mon

Chicken Burger Sandwich - Cheese Jacket Potato and Cheese Macaroni & Cheese

Choose a main meal... on the side...

Oven Baked Wedges Peas, Broccoli for dessert... Raspberry Ripple Ice Cream

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy Sandwich - Turkey Jacket Potato and Beans Veggie Pie with Roast Potatoes & Gravy

Choose a main meal...

Jacket Potato and Cheese

Choose a main meal...

Fish Fingers with Chips

Jacket Potato and Beans

Quorn Nuggets with Chips

Pasta Bolognese

Sandwich - Cheese

Veggie Bolognese

Sandwich - Ham

on the side...

on the side...

for dessert...

Broccoli, Sweetcorn

Fruit Crumble & Custard

on the side...

for dessert...

Slices

Baked Beans, Peas

Shortbread with Fruit

Carrots, Cabbage Potatoes & Gravy for dessert... Sandwich - Turkey Fruity Oatie Bite Jacket Potato and Beans

8UD

Choose a main meal...

Roast Gammon with Roast Vegetable Pastry Slice with Roast Potatoes & Gravy

on the side...

Cabbage, Carrots for dessert... Strawberry Ice Cream

Fruit Sponge & Custard

Lasagne with Garlic Bread Sandwich - Cheese Jacket Potato and Cheese

on the side... Sweetcorn, Broccoli

for dessert... Chocolate Cake

Choose a main meal...

Veggie Lasagne with Garlic Bread

Choose a main meal...

Fish Fingers with Chips Sandwich - Ham Jacket Potato and Beans Veggie Hot Dog with Chips

on the side... Baked Beans, Peas

Oatie Biscuit with Fruit Slices

for dessert...

Choose a main meal...

Jacket Potato and Cheese

Fish Fingers with Chips Sandwich - Ham

on the side... Sweetcorn, Broccoli

for dessert...

Chocolate Brownie

Jacket Potato and Beans Veggie Burger with Chips

on the side... Baked Beans, Peas

for dessert...

Ice Cream

Week One

N/C: 8/3, 19/4, 10/5, 21/6, 12/7

V/C: 15/3, 26/4, 17/5, 7/6, 28/6, 19/7

Week Three

22/3, 12/4, 3/5, 24/5, 14/6, 5/7



There is a vegetarian choice every day... and don't forget that salad and bread are available daily.

Keep yourself topped up with water - it will help you concentrate all day long.

