



— Volume 1 - Year 11 —

The Eagle

Newsletter



INSIDE, WE ALSO TALK ABOUT:

Head of Year
Updates

Subject Information

House Notices

Events/Sporting
Events

Key Dates and
Notices

Year 5/6 Open Evening

Each year, we ask parents to complete the Ofsted Parent survey after they have attended their child's annual progress evening. This information is available for all to see via the Ofsted Parent View website, [which you can find here](#).

Last year, **97% of respondents agreed that their child was happy at school**. Similarly positive responses were given for the other survey questions. This is significantly higher than survey results for most other schools, which you can explore via this website.

We pride ourselves on the work that we do to engage with parents and to deliver on our school vision. This manifests itself most clearly in the response we get on our Year 5 / 6 Open Evening, which once again was hugely successful this year. Almost 350 families attended the event this year – similar to previous years, which typically converts into more applications for school places than we can accommodate and sadly some families do not get a place for their child at our school. On the night, we direct people to the Local Authority admissions team for advice on the likelihood of getting a place so that families can ensure that they have a strong Plan B.

This is a terrific position for our school to be in, and we do not take it for granted. It has huge benefits for the school, bringing stability and confidence but the credit for this is shared across our entire school community. The support that parents, and other family members, give us in terms of attendance, behaviour and uniform standards means that our students are a strong focal point within the local community, setting examples that others wish to follow and creating a school that other parents wish their children to attend. It is a great team effort and we thank you for your ongoing support.

The Eagle is a half termly publication which reprises the name of a long-defunct yearbook that was published by the school in the 1960s. In each edition, you will hear from your child's Head of Year, the Heads of House and subject areas. There will also be lists of upcoming events, sporting celebrations and much else besides.

I hope you enjoy reading it.

Head of Year 10 Updates

Hello, and welcome to the first Year 11 Eagle.

Aim High, Year 11: Your Mock Exams Are the First Step to Success!

As your mock exams approach, now is the perfect time to focus on your revision and unlock your full potential. These exams are not just a test of what you know, they offer a valuable opportunity to prepare yourself for the real challenges that lay ahead and help build confidence in your abilities.

As we have discussed within our weekly assemblies, every great achievement starts with a clear goal and consistent effort. We encourage you to use the Careers Guidance meetings available to you and think about where you want to be in a year, whether that is achieving your dream grades, securing a place within our Sixth Form or exploring future opportunities. Your Mock Exams are the first stepping stone towards these aspirations.

I have compiled some top tips to help you make the most of your revision:

- Create a revision timetable: Break down your subjects into manageable chunks and set specific goals for each session
- Use active revision techniques: Use the flashcards we have provided, practice questions, or help revise a topic to a friend to help deepen your knowledge
- Take regular breaks: Short breaks help your brain stay fresh and focussed
- Ask for help: Don't hesitate to reach out to your teachers and Tutors

Remember, success does not come from luck, it comes from preparation and perseverance.

Mrs Green and I are incredibly pleased and proud of how well our Year 11 students have started the year. Their focus, maturity, and positive attitude towards their studies have been excellent. It is clear they are determined to make the most of this important year, and I have every confidence they will continue to rise to the challenges that lay ahead.

Student Shout-Outs:

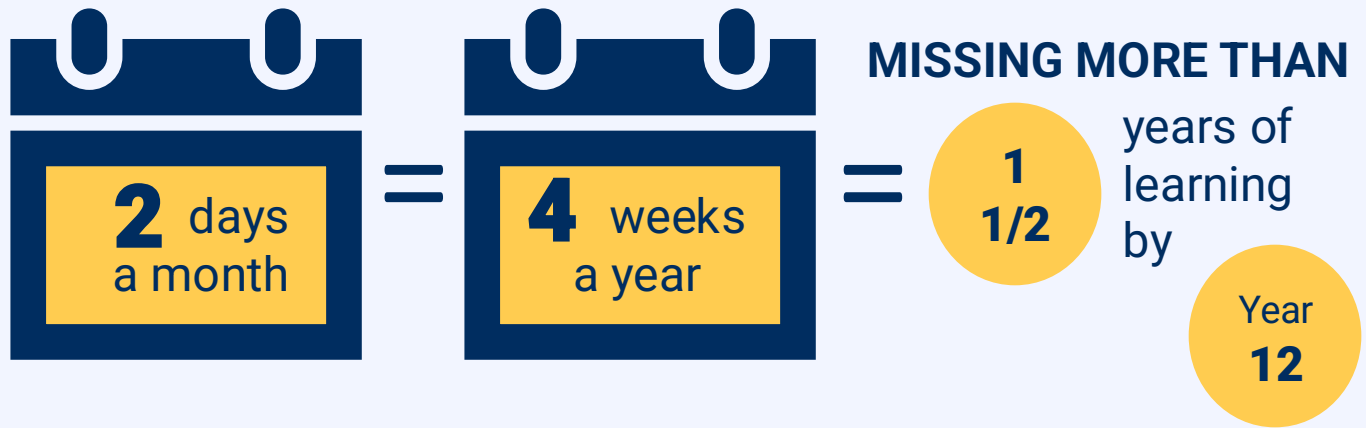
I am also very happy to report that we have already received so many student shout-outs from members of staff (48 in total) which are direct messages to students from teaching staff. There have also been 120 School Value Postcards issued for individual's hard work and recognition to one of our school values.



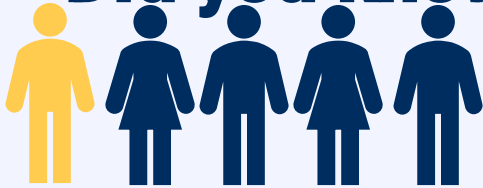
Mr Julian

Attendance Matters

Every student,
on time, every day



Did you know



1 in 5

students don't attend
school regularly

**It's never too
late to improve
attendance**

- Going to school more often will make a difference
- Attendance habits will follow your child into work and life



**Schools
are here to help.**

What families can do ...

- ✓ Be firm: send your child to school every day, all day, unless they are unwell
- ✓ Develop good sleep and morning routines
- ✓ Schedule appointments and extra-curricular activities outside of school
- ✓ Avoid taking holidays during term time
- ✓ Seek help early before your concerns become serious

Each day missed ...

- Puts your child behind and makes it harder for them to catch up
- Can lead to lower achievement in reading and writing
- Can lead to gaps in learning
- Makes school completion less likely
- Makes the transition into a career less likely to be successful

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Art

Our Year 11 Art students are all completing coursework presentations worth 60% of their final grade. The examination paper arrives in January, and they are busy preparing for this.



Teacher Shout-Outs

Our Year 11 Art students are all completing coursework presentations worth 60% of their final grade. The examination paper arrives in January, and they are busy preparing for this.



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Photography

Our Year 11 Photography students are all completing coursework presentations worth 60% of their final grade. The examination paper arrives in January, and they are busy preparing for this.



Teacher Shout-Outs

Well done to -
Alice G (11C1)
Alana T (11C3)
Rose W (11C3)

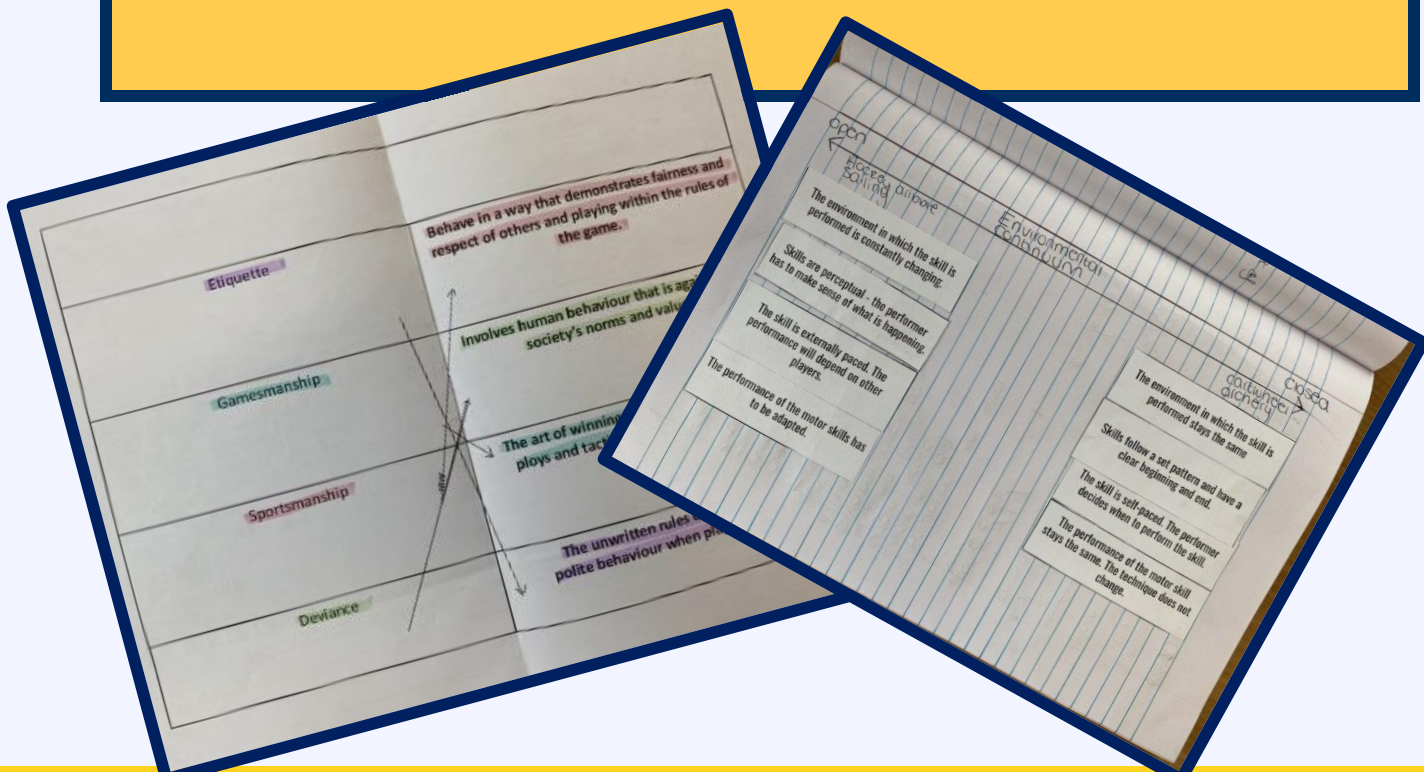
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PE

In Year 11 GCSE PE, students have been exploring how ethics in sport encourage fair play, the importance of health and well-being for long-term performance, and how sports psychology can help athletes handle pressure and improve their focus. This term, they are also preparing for their GCSE PE mock exam, which will mainly focus on Paper 1 content.

Upcoming Events:

Feedback from Mock Exams
Commercialisation in Sport
Engagement Patterns
NEA Coursework completion – worth 10% of overall grade
Practical: Handball/Badminton



Teacher Shout-Outs



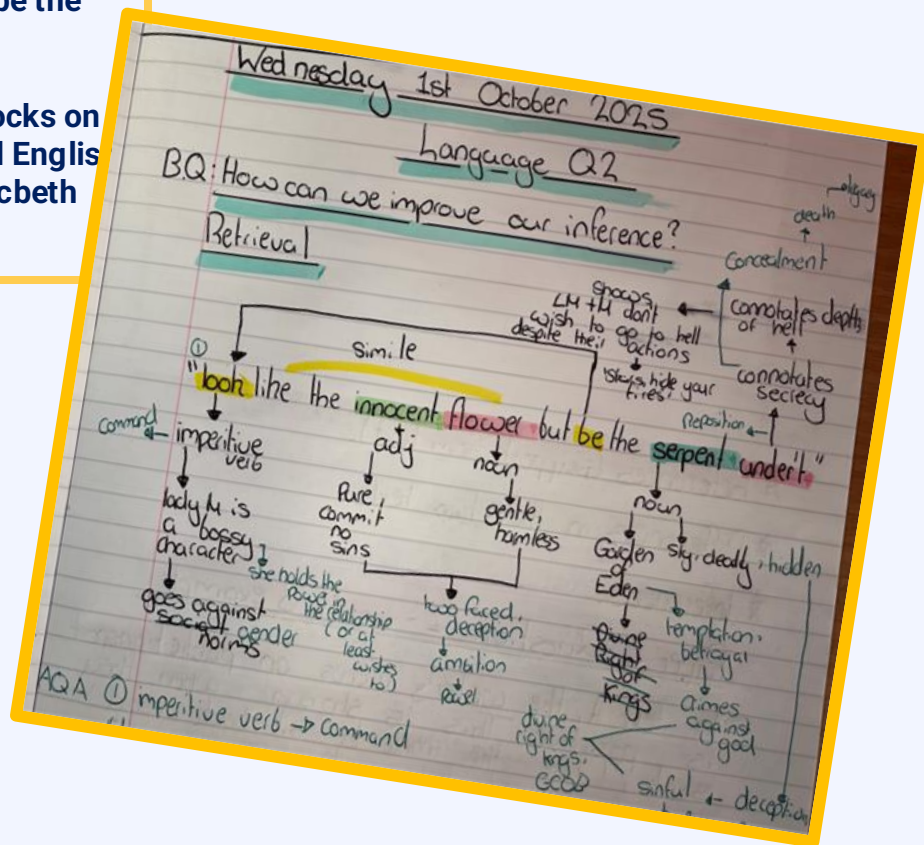
Aland O (11C2)
Lucy D (11P3)
Leon M (11A3)
Pheobe S (1102)

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English

This term, Year 11 students have been learning how to tackle Language Paper 2, as well as diving into the Power & Conflict anthology of poetry. In the battle of Man Vs Nature, our poems have shown nature to be the clear winner.

Coming up, Year 11 will sit mocks on English Language Paper 1 and English Literature Paper 1 – that's Macbeth and Jekyll and Hyde.



Teacher Shout-Outs

George M (1102) has started Year 11 brilliantly, a great attitude has led to impressive assessment performances already.

Rose W (11C3) has demonstrated great resilience already this year and consistently holds herself to the highest of standards, producing superb work every lesson.

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Maths

Students have begun to prepare for their mock exam week starting on Monday 13 October. They will do a full series of papers over the 2-week mock program.

Each group has been studying key areas to be successful in the summer GCSE papers. Homework has been set using past papers as these give students an opportunity to sample a variety of topics with questions asked in a variety of ways. Completing these allows practice using questions created by the exam board which develops resilience in the real GCSE exams.

Students have a multitude of revision options including:

1. www.mathsgenie.co.uk
2. [1st Class Maths - Free online GCSE Maths Revision](#)
3. [Maths Teaching Resources | Dr Austin Maths](#)



Teacher Shout-Outs

Noah I (11N3) – Working really hard in lessons and on his assessments

Jack M (11E1) – Excellent effort in his independent learning

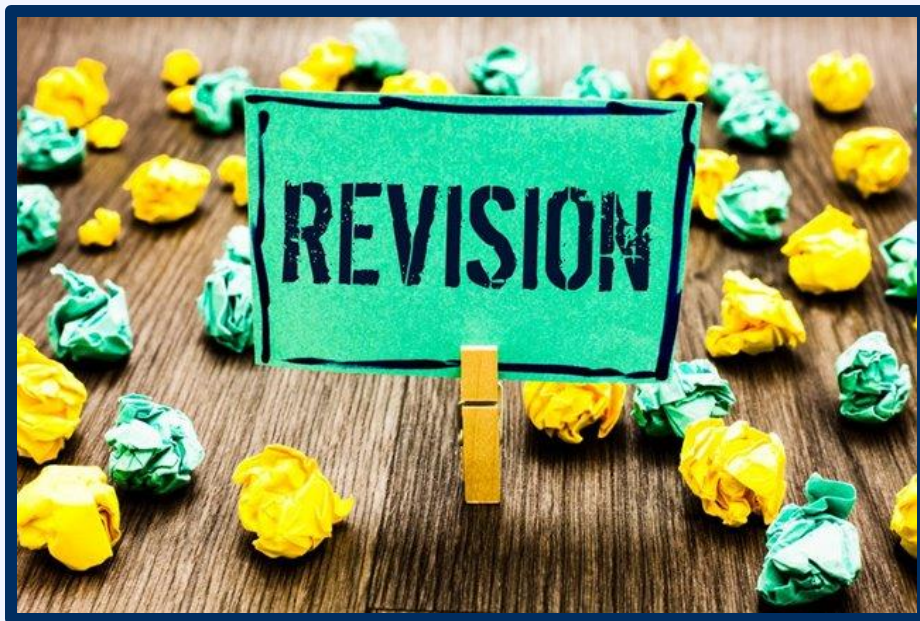
Scarlett (11W2) – Working towards her mock exams well, completing all homework.



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RE / Study Skills

Students will be exploring a wide range of revision techniques to help them to focus their studies during the run up to mock exams and for revision in general. Topics include utilising Mind Map to their best effect. Some excellent examples for English Literature and Macbeth have been seen in lessons. We will also look at the RAMBAM technique, as well as creating useful revision timetables. Each lesson, students are given a key equation or key piece of knowledge to use as a background setting on their phones. Content has been provided from the English, Maths and Science departments.



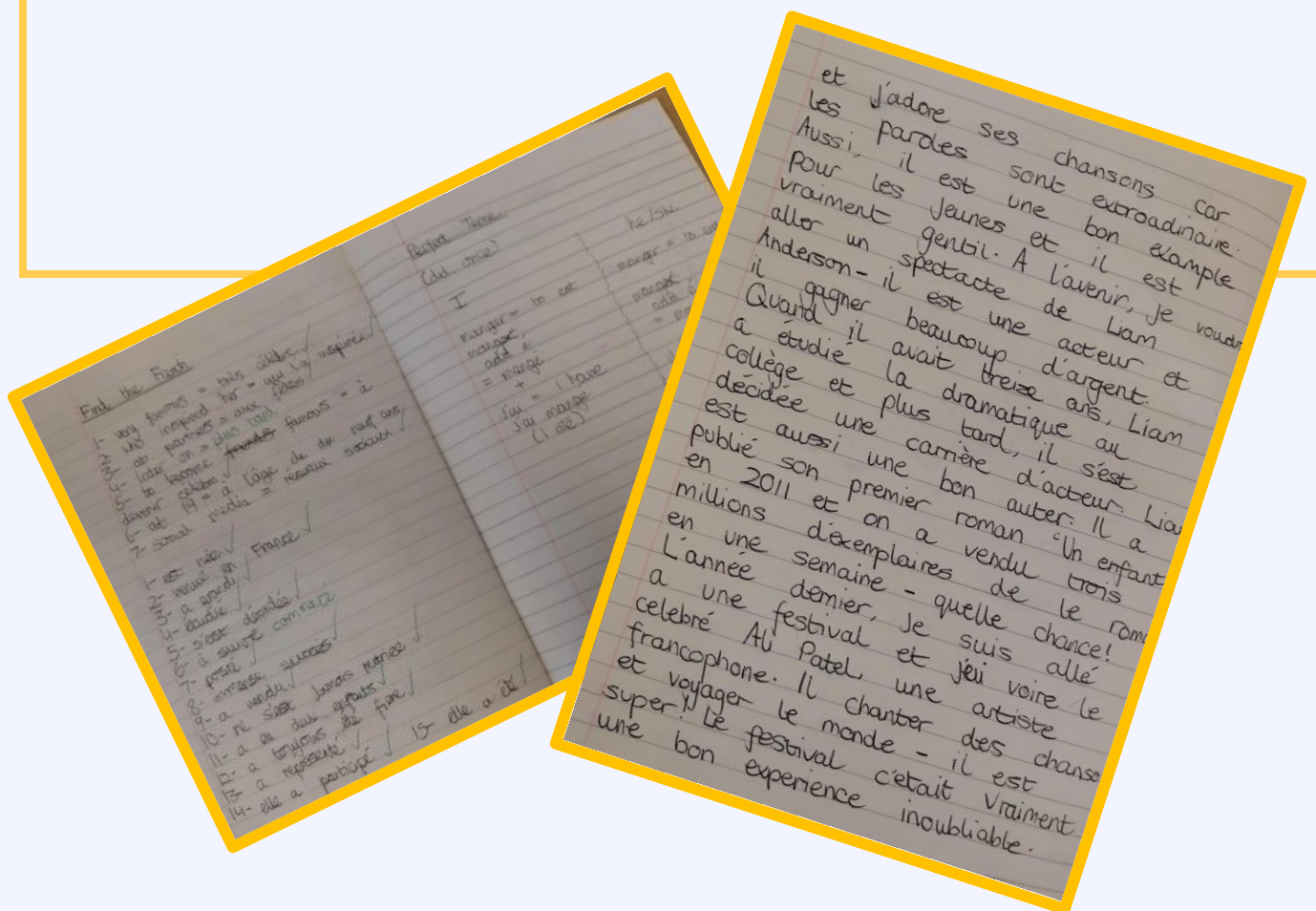
Teacher Shout-Outs

India P (1102)
For an excellent effort in the Mind Map task.

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MFL

Year 11 French students have returned with fantastic attitudes, and we are so pleased to be seeing so many in revision sessions each week. They are the first cohort to undertake the new style GCSE, but they are taking it in their stride and working hard towards their first set of Year 11 mocks. They will be completing a speaking as part of this mock also and are practising at home for this. 40 of Year 11 are looking forward to a visit to Lille Christmas market in December too!



Teacher Shout-Outs

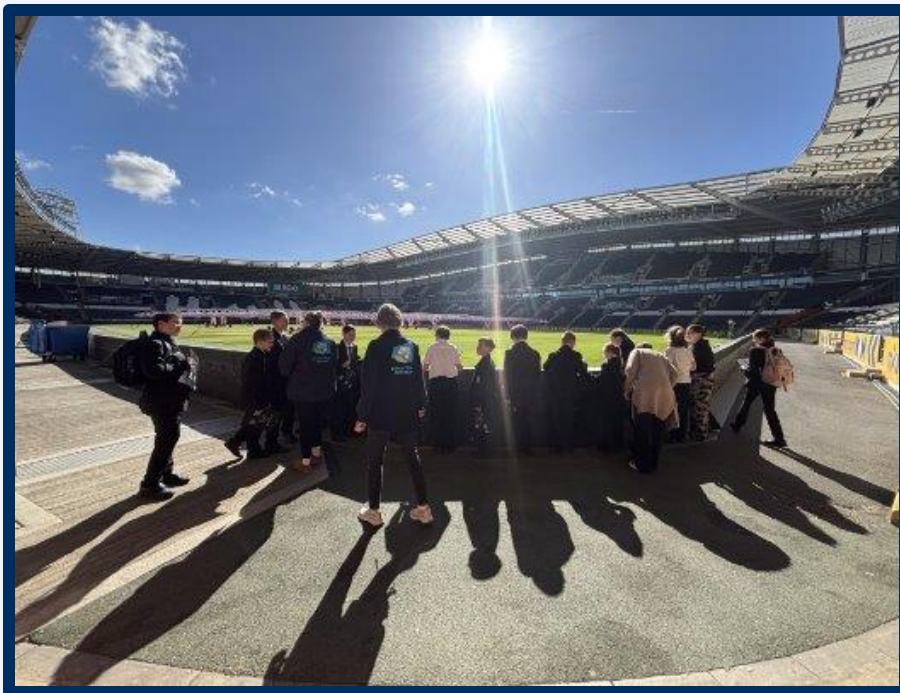
Well done to
Alex W (11C3)
Alanah B (11A2)
Lexi S (11C2)

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ERP/SEND

Our ERP students have attended the MKM stadium on a trip and have represented the school wonderfully. Well done.

A great start for all of our learners.



Teacher Shout-Outs

Brendan P (701)
Anton D (7P1)

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Orlando House Updates

The beginning of a school year is always time to start fresh and see what will come. But it's also a good time to reflect on the previous year and see how much we have grown. Over the past two years myself and Mr Adams have led Orlando to become the best we could, and even though we've still got a way to go, I'm so proud of what we have

achieved. We managed to raise an incredible £2045.93 over the past two years for WISHH our previous charity, and the money has gone towards their baby loss appeal. Whilst we may have fallen short on winning the house cup and sports day trophy, the determination and resilience that our students in Orlando showed was nothing short of special and I look forward to seeing what they can do in the year to come.



Miss R Bishop
Head of House

Over the next two years, we will be supporting a new charity – Dove House Hospice. This charity provides care to many people in Hull by running support groups, giving respite care, end of life care and many other wonderful opportunities for people and their families to get support in what can only be a devastating period. We are very proud to work alongside them.



A new school year also means new student leaders and I am thrilled to announce our captains for the 2025-2026 school year. I am excited to work alongside these students to share ideas on how to plan our charity day, how we could motivate the rest of the house on sports day and how we can improve areas such as sustainability and diversity around the school.

Hope everyone in Orlando has a brilliant year, **GO ORLANDO!!**



HOUSE CAPTAINS 2025/26

Emily Young
House Captain

Lauren Allanson
Vice Captain

Mason Sheard
Charity Captain

Riley Gilmour
Sustainability Captain

Lexi-Mae McWatt
Sustainability Representative

Megan Thomas
Sports Captain

Ava Sharp
Sports Representative

Tamara Fletcher
Charity Representative

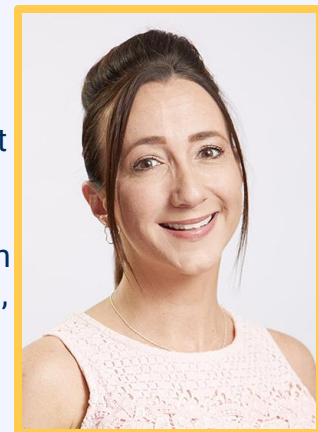
Dmitrij Celuiko
Diversity Captain

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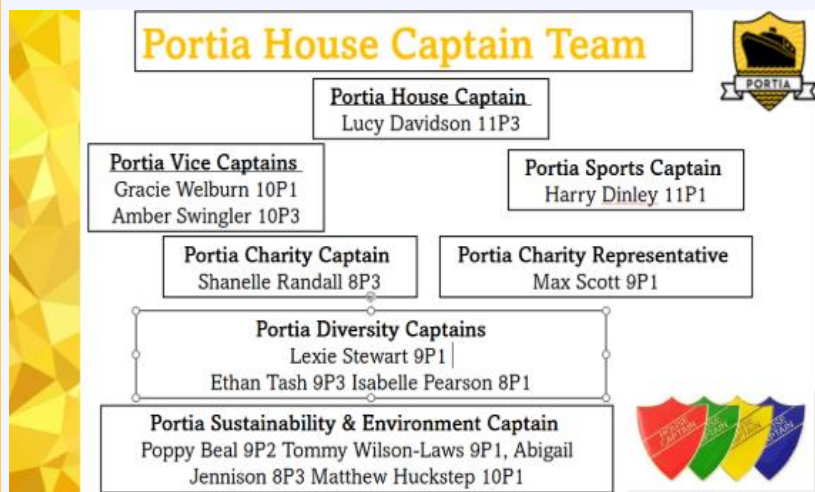
Portia House Updates

As we look forward to the academic year ahead, we should also reflect on the successes of the previous year and have a sense of pride in knowing how awesome our students in Portia house are. Their hard work, determination, and incredible resilience, especially through tough times, has truly stood out. They've shown what it means to keep going, grow, and succeed no matter the obstacles. This spirit is what makes Portia House so special, and we can't wait to see all the amazing things they'll accomplish in the year ahead!



Miss E Foster
Head of House

For this academic year, I am pleased to announce our team below. We will be meeting regularly to plan all our events and share ideas on how we can develop House activities, competitions and enhance the sense of community that grows stronger each term.



At the end of last term, we held our annual Charity Day – 'Capture the Classics' where all year groups played an interform game of Capture the Flag and obstacle course races where they could win points and become overall Challenge Cup winners. Congratulations to 10P2 (formally 9P2) for winning with an overwhelming 535 points!

We also raised £938.58 for our previous charity Downright Special achieving a grand total of £2245.55 in the two years we have supported them. Thank you for all donations and student participation in the

charity events during this time - it is a testament to the kindness and selflessness demonstrated by the Portia House community which everyone should be immensely proud of.

We are proud to announce that for the next two years our house charity is Emmaus Hull and East Riding who are a vital source of support for our homeless community. We look forward to raising money for them in our future events and to work closely with them during seasonal projects and outreach programmes.



Emmaus Hull & East Riding -
Homelessness Charity

Tweet us @Emmaus_Hull
Follow us on Facebook - Emmaus Hull
Instagram - Emmaus Hu

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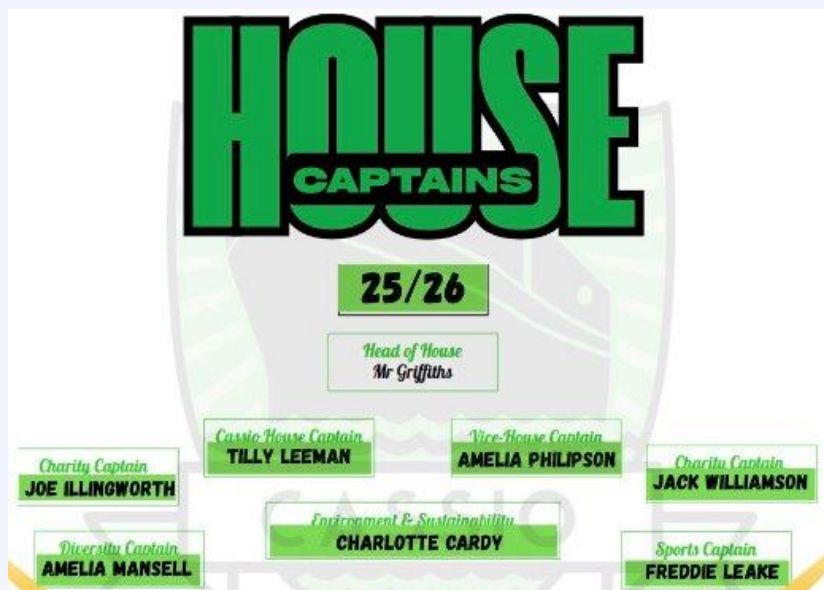
Cassio House Updates



Mr E Griffiths
Head of House

As we begin a new academic year, it's the perfect time to reflect on the pride and achievements that made last year such a success. Cassio House shone brightly, not only through our fantastic win in the House Cup but also with our determination and teamwork that carried us to triumph in the Sports Cup. These victories were a testament to the energy, commitment, and spirit of every single student. Now, as we step into this new academic year, we will carry that momentum forward. Together, we can continue to show what makes Cassio House so special: teamwork, resilience, and a determination to always do our best.

We are delighted to introduce our new House Captains for this year. They will be playing a key role within the **Student Council**, working hard to represent the voices of their peers and help shape life at Hessle High. As role models, they embody the values of Cassio House—leadership, responsibility, and pride—and we know they will inspire all students to aim high and get involved.



Cassio are proud to have raised **£1,147.29** for Roux's Army - our previous house charity, which made a real difference to Roux's ongoing care and quality of life. We hope that by giving back, it reminds us of the importance of supporting others and the positive impact we can have as a community. Portia are proud to announce our new charity partner for the next two years: **CRY (Cardiac Risk in the Young)**. Our ambitious goal is to raise **£7,000**—enough to fund a heart screening day at Hessle High, with the potential to save lives within our own school community.



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Ariel House Updates

Over the past two years, our Ariel House community raised an incredible **£2,181.69** in support of our previous charity **Humber Rescue**. This amazing total will help the volunteer-run lifesaving charity continue to provide vital emergency response on our waterways. Thank you to everyone who supported our charity and donated.



Miss A Deveney
Head of House

YOUNG Mi MINDS

As we look ahead, Ariel House are proud to announce our new chosen charity: **YoungMinds**, the UK's leading mental health charity for children and young people. With your support, the money we raise will go towards vital projects that:

- Provide support and advice for young people experiencing mental health challenges.
- Train parents, carers, and teachers to help those in need.
- Campaign for better mental health services nationwide.

Together, we can help give more young people the tools they need to thrive.

I am so proud of how well Ariel students have begun this first half term. The enthusiasm for learning, resilience, and kindness has been brilliant to see. Keep up the great effort, and don't forget—**every house point counts!**

There's so much to look forward to this year, including:

- Exciting **prize raffles**
- The festive **Christmas Fayre**
- **Charity Day 2026**
- Plus, many more activities, competitions, and community events

With your continued energy and commitment, we know Ariel House will make this year our best one yet.

Keep shining, Ariel! Together we achieve more.

House Points



280



150



150



80

Extra-Curricular Clubs

Extra Curricular Activities 2025-2026

Club	Year Groups	Day of the Week	Location
Separates Biology	Year 11	Friday after School	G07
Dudgeon's and Dragons	Year 7 - Sixth Form	Friday after School	G16
Production Rehearsals	Year 7 - Sixth Form	Tuesday & Wednesday after School	Main Hall
SEND HW Club	Foundation Learning Groups Only	Tuesday, Wednesday & Thursday after School	Library
Choir	Year 7, 8 & 11	Monday Lunch	F26
Choir	Year 9 & 10	Wednesday Lunch	F26
Coursework Intervention	Year 10 & 11	Tuesday after School	F26
Band Rehearsals	Production Year 7 - Sixth Form	Thursday after School	F25/F26

Sporting Extra Curricular Activities 2025-2026

Club	Year Groups	Day of the Week	Location
GCSE Handball	Years 10 & 11 GCSE	Monday after School (Week A)	Sports Hall
Badminton & Short Tennis	Year 7,8,9,10 & 11	Monday after School (Week B)	Sports Hall
Netball	Year 7,8,9,10 & 11	Thursday after School	Sports Hall
Boys Football	Year 7,8,9,10 & 11	Thursday after School	Field
Tigers Trust Girls Football	Year 7,8,9,10 & 11	Thursday after School	Field
Rugby League	Year 7,8,9,10 & 11	Monday after School	Field

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Sporting Events

Upcoming Fixtures

Cross Country Championships – Away @ Cottingham High School
Tuesday 21 October 2025

Football 7-a-side Tournament Dates

Year 11 7-a-side tournament at Wolfreton – Wednesday 5 November 2025



U15 girls National Cup – Win 4 – 0
against Driffield, goals by F. Thompson (2) ,
C. Newlove(1) and
I . Davison (1)

MATCH RESULTS		
East Riding Cup		
Year 7	2 vs 5	Driffield High School
Year 8	0 vs 3	Driffield High School
Year 9	1 vs 2	Driffield High School
Year 10	5 vs 0	Driffield High School
National Cup		
U15 Girls	4 vs 0	Driffield High School

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Events



EXCELLENT TRAVEL PLAN 2025

Congratulations to our students!!
Achieving Excellent level with
[TeamModeshift](#)
We are so proud of all your
continued hard work.

Here are a few exciting Year 11 trips we offer, we will update throughout the year with further information:

- Cinema
- Shakespeare Productions
- Exam Success Workshops
- Sporting Events e.g. Football matches
 - Careers Visit to Local Businesses
- Hull Museums and Theatres
 - National Exhibitions and Conferences
- Language themed restaurants in the local area
 - International visits to Barcelona, Lille Christmas Markets, Skiing destinations

HOUSE CHARITY DAYS

Tuesday 17 March
2026



Thursday 30 April
2026



Tuesday 12 May
2026



Wednesday 3 June
2026



HOUSE CHARITY CHRISTMAS *Fayre*

Wednesday 10 December 2025
Held in the Hall
Lunchtime and After School



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Summer Round Up

Hessle High School Sports Fest 2025

Last year's Sports Fest looked a little different, with the traditional trip to Costello Stadium not possible due to its closure for track re-surfacing. Instead, the action came closer to home, with the entire event taking place across the school site.

The day was filled with house spirit, competition, and plenty of energy as students battled it out in a wide range of activities. Tug of war, football, rounders, bench ball, 100m sprints, and relays kept everyone on their toes and gave every student the chance to get involved and represent their house with pride.

The atmosphere was electric, with Mr DJ Shepherd stepping in as DJ for the day and providing a brilliant soundtrack to keep spirits high and celebrations flowing.

After a full day of competition, it was **House Cassio** who came out on top as the overall winners of Sports Fest 2025.

It was a fantastic day enjoyed by students, staff, and supporters alike—one filled with teamwork, determination, and lots of smiles.



Information

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

SNAP STREAK

97

WHAT ARE THE RISKS?

ARTIFICIAL INTELLIGENCE

Snapchat's use of artificial intelligence (AI) includes features like the 'My AI' chatbot and AI-powered filters, offering interactive experiences that can be fun but also pose risks. These tools may share unfiltered or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to manipulation, impersonation, or inappropriate content.

SCREEN ADDICTION

Snapchat boosts user engagement and daily use with features like streaks (daily Snapchat exchanges between you and a friend). When a streak's been going for a few days, users will see a 🔥 emoji. The number alongside it shows the number of days, but if users miss a day and break the streak, the only way to restore it is to pay. This encourages daily use habits, and frequent notifications can keep users returning to the app even more often.

SEXTORTION

Because Snapchat's disappearing messages feature may foster a sense of safety, users may become targets of sextortion. For example, a predator may pressure someone into sending nude images, then somehow capture those images to threaten and intimidate the victim. This might involve claiming they will share the images with friends or family unless money is paid.

SNAPCHAT

AGE RESTRICTION
13+

With over 900 million active monthly users and billions of 'Snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

SNAPCHAT+

Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2025, Snapchat introduced a new tier called Lens+, giving subscribers access to hundreds of lenses and AR experiences for playing, creating, and sharing Snaps. These paid features may encourage young users to spend money to access exclusive content, increasing the risk of overspending or feeling pressured to make in-app purchases.

ACCESSIBILITY

Snapchat is now accessible from a web browser, meaning children can use it on a laptop or tablet without downloading the app. This can make activity harder to monitor, reduce the effectiveness of parental controls, and increase the risk of unsupervised communication or exposure to inappropriate content.

INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's disappearing messages feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

Advice for Parents & Educators

ACCESS THE SNAPCHAT FAMILY SAFETY HUB

Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that explains how the app works and how to use its in-app protections for teens. It's recommended that you review this guidance before allowing a child to download Snapchat. Remember, the app is only intended for children aged 13 and over.

BLOCK AND REPORT

If a stranger connects with a child on Snapchat and makes them feel uncomfortable by pressuring them to send or receive unwanted or inappropriate images, the child can tap the three dots on that person's profile to report or block them. There are options to state why they're reporting that user, with a tailored reporting section under the 'Nudity and Sexual Content' category. In this category, there's the option to report somebody for threatening to leak sexually explicit images, or 'nudes'.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

USE PRIVACY SETTINGS TOGETHER

Sit down with the children in your care and explore Snapchat's privacy settings as a shared activity. You can help them adjust who can contact them, view their stories, or see their location on Snap Map. It's a good opportunity to explain why some settings are safer than others, reinforcing their understanding of online boundaries. Encourage them to regularly review these settings, especially after app updates or changes in their friendship groups.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.09.2025

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Key Dates and Notices

School Closes for Half Term

Thursday 23 October 2025

School Reopens

Monday 3 November 2025

Progress Evening

Thursday 20 November 2025

Photographs

Friday 21 November 2025

Careers Week

Monday 15 December
-Friday 19 December 2025

End of Term

Friday 19 December 2025

If you want to see more of your child online/in our newsletters, please make sure you consent on the Arbor parent portal. To learn more click [here](#).

Please click [here](#) to see all of our term dates



National School Attendance Award

2024/25 Spring Term



Hessle High School and Penshurst Primary School

Top 25% of similar FFT Secondary Schools in England

Have your contact details changed?

If you have changed any contact details such as home address, mobile number, email etc. Please update these via the Arbor Parent Portal. Please contact us via office@hessleacademy.com if you have any issues with accessing your account.