

WEEK 21 - Friday 25 February 2021

Dear Students, Parents and Carers

Welcome to the first edition of our half termly 'Careers Blog' at Hessle High School. My name is Miss Lawes and I have recently been appointed as the Careers Leader at Hessle High School. I began working at the school in 2016 teaching Dance and Drama, as well as taking on the role as Pupil Premium Champion in 2017 which enabled me to support and build positive relationships with our young people and I am very much looking forward to taking this support further in an area that I am very passionate about ... CAREERS.

Throughout this blog you will find a number of links to upcoming events, information and opportunities related to careers. As always we believe it is very important for our students to have as much information about potential careers, as early as possible. It is important we prepare everyone to make informed choices about their future.

We are continuously developing our tutor programme and all Year 11 students now have a careers related tutor session every Friday, and Year 7-10 every last Friday of the month. Some of the areas we have covered so far include CV building, employability skills, interview preparation and we recently celebrated 'National Apprenticeship Week' during week commencing 8 February. All of these resources are shared with the students on their main 'Year Group' page and can be accessed via Google Classroom.

It was great to hear from a number of students who attended the Young Professionals 'Virtual Apprenticeship Fair', many events and opportunities have now adapted to this new way of life and I will continue to share these with you. Year 10 and 11 were invited to a 'Careers Info' group on Google Classroom back in December and, if you haven't accepted this yet, please do so as this is a fantastic way in which to gain quick access to all careers information and links to upcoming events and opportunities. I have included some links below.

The week commencing 1 March is 'National Careers Week' and students will be celebrating throughout the week with careers activities and discussions in tutor and throughout their different subjects, remembering that everything we do in school links and prepares us for the world of work! We will also be holding our very first 'Virtual Careers Webinar' for Year 11 students. The focus of the Webinar will be to prepare students for future interviews and we are delighted to have four guest speakers; there will also be an opportunity for students to ask questions during the event so please keep an eye out for updates on Twitter and Google Classroom. A link will be shared with all Year 11 students to join the webinar.

Throughout the lockdown, our Careers Advisor has continued with 1:1 appointments with Year 10 and 11 students via telephone or Google Meet, these will continue until we are able to restart our face to face appointments in school. As well as this, I have been emailing and making phone calls home to support students with their post-16

applications, please continue to get in touch if you have any questions or need additional support with this: hayley.lawes@hessleacademy.com

Year 10 students have recently received a 'My Future' Questionnaire (Post-16 choices), if you haven't completed this yet, please do so in order to help us provide the best support for you moving forward with your post-16 choices.

This term we will be launching 'Log On Move On' for all Year 9 and 10 students, please keep an eye out for emails and information regarding this, login details etc. This site is extremely useful to help you find out what courses and apprenticeships are available in the East Riding & Hull area, as well as completing your applications. You can access parts of the site without a login, please take a look:

<https://www.logonmoveon.co.uk/>

Sixth Form update:

Last term, Year 12 and Year 13 had tutor sessions tied in with National Apprenticeship Week. These included, for Year 12, sessions on how the application process for Degree Apprenticeships typically works, and the pros/cons of Apprenticeships vs University applications. Throughout the week, a number of Apprenticeship opportunities were also highlighted to Year 13. Meanwhile, with the UCAS deadline for university applications closing on 29 January, the focus with Year 13 turned to supporting them with selecting their firm/insurance offers, and with applications for student finance. Students have also been encouraged to consider virtual work experience opportunities. Whilst it will be hard for most students to gain actual workplace experience this year, companies are increasingly providing virtual work experience. Students can search via Unifrog, or via another company called "Forage" (theforage.com). As we move into the summer term, we will be working with Year 12 to develop their CVs and supporting them with starting their UCAS applications, while we continue to support any Year 13 students applying for apprenticeship positions.

Finally, please see the information below for upcoming events, opportunities and useful websites:

- National Careers Week 'Virtual Careers Fair' 1 - 6 March, register here: <https://ncw2021.co.uk/>
- Chamber Training Humber Apprenticeships including business, administration, hairdressing, customer services, adult care work, retail positions <https://www.chambertraining.com/apprenticeships-update-2>
- KWL Apprenticeships including plumber, electrician, joiner, plasterer, tiler, business, administration training@kwl.co.uk
- HETA Virtual Open Event Wednesday 24 February 2021, 5pm - 7pm, register here <https://heta.co.uk/apprenticeships-1/key-dates-open-days> Application deadline Thursday 18 March
- East Riding College Virtual OPEN EVENT: Tues 23rd February 17:00 – 18:00 & Sat 20th March 10:00 – 11:30
<https://www.eastridingcollege.ac.uk/news/open-events>

- Bishop Burton College Virtual Open Event Saturday 6 March 10am - 1pm, register here: <https://www.bishopburton.ac.uk/whats-on>
- Amazing Apprenticeships <https://amazingapprenticeships.com/>

I hope you have found this information useful, here's to another positive half term.

Take care

Miss Lawes

Careers Leader

WEEK 26 - Friday 16 April 2021

Last half term saw a busy few weeks for careers. We celebrated 'National Careers Week' as a whole school and all students took part in careers activities within their subjects and tutor time, this gave students a great insight into the world of work and the job opportunities and transferable skills related to their subjects. We were lucky to hear from some of our Alumni and Miss Moore interviewed the Artist, Richard O'Neil.

We also hosted our very first Live Virtual Careers Webinar for our Year 11 students focussing on interview preparation and skills, selling yourself, handling nerves and post-interview. Our guest speakers included:

Scott Young, Assistant Chief Constable for Northumbria Police

Natasha Hoggard & Sanna Saidy, Humber Outreach Project

Moj Taylor and Aron Tenant, Push

Kallum Nicholson, Business Entrepreneur / School Careers Link Governor

Please take a look at our guest speaker bios [here](#)

The event was a great success, students had opportunities to ask questions throughout and it was wonderful to see them become more confident as the event progressed. Feedback from students was extremely positive, all students who completed the feedback form recommended we host future events in this way and said it was easy to access and they enjoyed the fact it was an online event specifically for Hessle High School students.

It was great to welcome our students back into school, the next few months are very important for our Year 11 and 13 students as they secure and prepare for transition to their Post-16 and 18 destinations. Year 11 students were given a Post-16 Destination Form to complete upon their return, this enabled me to see which students needed additional support with their applications moving forward. I have been working through these over the last few weeks and will continue over the next half term. Please get in touch if you need any additional support or have any questions regarding this: hayley.lawes@hessleacademy.com

This half term, Year 11 students will be given a Destination Data Consent Form to complete, this will enable the school to keep in contact with students to see how they're doing in their education and employment, as well as using this information to improve careers guidance and support. We always love to hear from our Alumni and the great things you have gone on to do!

On the topic of destination data, here is an update for our Yr 11 2020 leavers, with 97.7% participation:

FE College	35.1%
School Sixth Form	32.7%
Other Sixth Form College	19.9%
Apprenticeship / Traineeship / Full-time Employment	9.9%
Other	2.3%

When reviewing our careers provision we use this data to influence any changes we make as we continue to raise aspirations, support individual needs and challenge stereotypical thinking.

We have continued with our careers tutor programme, a reminder that this is every Friday for Year 11 students and every last Friday of the month for Year 7-10. Last half term we introduced 'Career in the spotlight', students are given information about specific jobs, qualification requirements, salary and labour market information, we began by looking at a career as a pharmacist.

A video was played to Year 7-9 students, introducing myself as Careers Leader and what to expect in these tutor sessions. Students were given the opportunity to discuss the topic with their tutor and complete a Google Form with any suggestions they may have for the programme so that we can tailor it to best support their needs. All Year 10 students have now completed the 'My Future' Questionnaire (Post-16 choices), which will also be used to influence the programme.

During tutor, Year 11 students were given the opportunity to ask any questions they had regarding Sixth Form and what to expect next year. Mr Jarman, our Head of Sixth Form, then created a video which was played during tutor time, answering students' questions in preparation for September. Year 11 were also offered the opportunity to enhance their CV and life skills through participation in the National Citizen Service (NCS), which was launched in March. Students can still sign up for the programme, all information and links to register are on Google Classroom.

We are always looking to develop our careers and enrichment programmes and, very soon, we will be unveiling an incredible opportunity for our Year 9 students. This will be an unprecedented opportunity for them and we can't wait to share it with them. I will reveal more in my next blog!

We are delighted to have our new Careers Advisor, Graeme Peart, working with us at Hessle High School to support our students with careers information, advice and guidance. 1:1 face to face appointments have now re-started and we are continuing

to work through all Year 10 students' first appointments plus any Year 11 and Sixth Form students who need additional support.

By Year 10 we are encouraging all of our students to think carefully about their potential post-16 pathways. As part of this process, this term twelve Year 10s start an exciting opportunity to work on the "Scholars Programme". They will experience small group university-style tutorials delivered by a PhD tutor from Sheffield University, to give them an experience of university-level learning. Next half term we will also speak to all of Year 10 about the range of subjects available to them at Hessle Sixth Form College, and to give them an opportunity to talk to current Sixth Form students about how they chose their subjects.

All of Year 12 are signed up to UCAS Discovery Days taking place in April. Sadly the face-to-face sessions we would normally take students to are not able to go ahead this year, but this provides the next best thing. Throughout the event, students can attend a range of talks covering everything from "securing your dream job" to advice on university and apprenticeship applications. Talks can be attended live or on-demand, giving students ample opportunity to participate.

This half term we have two career days for our Year 7 and 8 students. These will run slightly differently to usual due to Covid restrictions, but we are sure to make them exciting and engaging events for our young people, with opportunities to hear from external employers and professionals.

Year 8 'Ambition day' - Thursday 6 May 2021

Year 7 'All About Me Day' - Thursday 20 May 2021

Finally, with more events adapting to the virtual world, there have been some great opportunities that I have shared with students via the Google Classroom 'Careers Info' groups; many students have been attending and we love to hear your feedback. Recent events include; Royal Marines Commando Virtual Experience, zoom meeting with Keith Hunter the Humberside Police and Crime Commissioner, National Careers Week Virtual Fair, EY Apprenticeship Wellness session and WEX opportunities with Browne Jacobson Law Firm and Careers Days.

Here are some upcoming events, opportunities and useful websites:

- Skills Humber Event (pre-covid we would normally take the students to this event at the Bonus Arena, with over 40 exhibitors) Sign up here to attend the virtual event: <https://www.eventbrite.co.uk/e/skills-humber-2021-family-individual-registration-registration-111790749140>
- East Riding College Virtual Open Event: Thurs 29 April, 5 - 7pm, register here <https://www.eastridingcollege.ac.uk/news/open-events>
- East Riding College Virtual Apprenticeship Event: Thurs 15 April, 6 - 7pm, register here <https://www.eastridingcollege.ac.uk/study-with-us/information-on-qualifications/apprenticeships>

- Bishop Burton Virtual Taster Sessions: (April / May) 4:30 - 5:50, register here <https://www.bishopburton.ac.uk/taster-session-booking>
- HETA Open event: Thurs 29 April & Wed 26 May, 5 - 7pm, register here <https://heta.co.uk/apprenticeships-1/key-dates-open-days>
- HBTC Apprenticeship Vacancies (Business/Admin/ICT) <https://hbtc.co.uk/vacancies.php?page=1>

Take Care

Miss Lawes

Careers Leader

WEEK 33 - Friday 11 June 2021

On Thursday 21 May, all Y8 students took part in our first 'virtual' Ambition Day. Students took part in a variety of virtual workshops/presentations with the aim of introducing students to career prospects they may never have heard of, or considered, before. An additional aim was to inspire the students to do more CV-enhancing activities to aid their employability in the future. The workshops covered various roles including; careers within the NHS, construction worker, business entrepreneur, police cadets as well as the Duke of Edinburgh Award, post-16 options and an opportunity to hear from some of our current Hessle Sixth Form students.

Student feedback about the workshops was very positive and we were pleased we were able to adapt to the current covid restrictions and run this as a virtual event as our guest speakers were live streamed into the classroom. Students had opportunities to ask questions about their role and completed activities within their student handbook. Every workshop was somebody's favourite and 70% of our students felt more confident about making career and post-16 decisions afterwards with some requesting more information about other career options. It's always great to receive feedback from our young people to influence future events and provide additional support. Moving forward we will endeavour to continue to cover a variety of careers and pathways during our tutor programme and future career events to target all students as best we can.

Feedback and comments on the day included:

"It's great to know that I can do something I love whilst making money and running my own business"

"I enjoyed the video of the builder on site, it was inspirational"

"It's helped me to understand my options after Year 11, useful and informative"

"I learnt all the things you can do for the DofE and it sounds great fun!"

"I thought about working in the NHS so it was good to hear about all the different jobs"

"It was good to hear from the people in Sixth Form and what it's actually like"

"I want to run my own business because I like the idea of not being told what to do"

"It's good to hear social media can help in a positive way to support and share your business"

"I wanted to be a builder already and it's made me want to do it even more now!"

"If I persevere and work hard I could become a Police Officer"

"I want to start my own business now, like my Dad"

"I liked hearing how much you get paid for certain jobs"

"The best piece of information I learnt was don't give up when things get hard"

A big thank you to Hayden Ridley, Katie Hardy, Kara Huggins, Miss Moore, Mr Sellers, Mr Jarman and our Y12 Sixth Formers. Hopefully we can return to face to face events soon!

Last half term we said goodbye to our Y11 & Y13 students as they take their next steps towards their future and the world of work. We wish them the best of luck and look forward to inviting many Y11 students back in July to take part in the Hessle Sixth Form Induction Event. Students will spend three days in our Sixth Form attending lessons, induction seminars and completing preparatory work.

For those students who are still looking for apprenticeships, many vacancies are becoming available as we move towards the summer and I continue to share these via the 'Careers Info' group on Google Classroom, latest vacancies include Business / Administration, Customer services, Fenestration Fabricator and Painter/Decorator.

Our Y11 & Y10 Duke of Edinburgh students have been training hard in preparation to complete their final qualifying DofE Expedition in June and July in order to achieve their Bronze Award. Students had fun before half term developing their cooking skills, map reading, first aid and nutrition, as well as learning how to set up and disassemble a tent and correctly pack up their belongings... Did you spot the tents on the field? We have many students who are signing up to take their qualification to the next level - Silver Award. Miss Moore also delivered a recruitment presentation to Y9 students and we have a number of students who since enrolling, have been busy developing their physical skills and volunteering.

During tutor-time over the last half term, students have learnt about applying for part-time jobs, understanding their rights, the types of jobs they can apply for from 14yrs, health and safety and National Insurance. Y10 and Y11 students focussed on 'money sense' and were involved in class discussions covering debit & credit cards, insurances, recognising scams / fraud, savings and wage slips. This information is invaluable to our students, preparing them for the future and adulthood.

As part of our 'Career in the Spotlight' we looked at the role of an IT Support Technician. Students enjoyed hearing from Mr Scott and how he started out in this job before working his way up in the world of ICT. We also looked at the career of a Social Worker and how there is a demand for more men to enter this industry with only 19% male employers and 81% female in the UK. Students are always very keen to hear about the salary for these jobs as well as the skills and qualifications required.

Our Careers Adviser Graeme Peart is continuing to meet with our Y10 students to complete their initial face to face interviews. Graeme also met with a number of Y9

students last half term to give additional support and the students really felt the benefit of this and started to open up and think about their future and the importance of the next few years in school.

We are looking forward to inviting our future Y7 students up to Hessle High School as they take part in the Y6 Transition event in the last week of term. We all know it can feel very daunting starting secondary school, but students will have the opportunity to meet their Head of Year, teachers, sample lessons and take part in a number of transition activities in order to prepare them for a smooth start in September.

Finally, Y12 will be participating in an all-day Pathways Event on 10 June. The focus is on helping them to choose their future destinations, with sessions from Hull University and ASK, an apprenticeship support programme. Students will be given advice on completing their personal statements, getting the most out of university open days, and opening their UCAS applications.

Our final half term is a busy one and we have a number of upcoming events, dates for your diary below:

- Y12 Pathways Event - Thursday 10 June 2021
- Y7 All About Me Day - Friday 11 June 2021 (please note this date was rescheduled from 6 May)
- Y10 Careers Week - w/c 28 June 2021
- Y11 Hessle Sixth Form Induction Event - 14, 15 & 16 July 2021
- Y6 Transition Event - 19, 20, 21 July 2021

Take Care

Miss Lawes

Careers Leader

WEEK 39 - Friday 23 July 2021

After what has been a challenging year, we have learnt to embrace these new changes and adapt to what we call the 'new norm', we have worked hard to be able to provide our students with the support, inspiration and information they need with their future plans and aspirations. This last half term has been a busy one and I am pleased that we were able to plan and deliver some of our big events for our students in the current circumstances.

On Friday 11 June, our Y7 students took part in their 'All About Me Day'. This day was all about the students focusing on themselves, covering important topics including body image, self esteem, sexuality, healthy relationships, road safety and equality & diversity to name a few. As well as health and safety, students also took part in careers workshops and activities including the Buzz Quiz. This gave the students the opportunity to reflect on their strengths and personality and be able to see the types of jobs that link to different personalities. Student engagement in this session was great, they were encouraged not to take it too literally but instead see it as a starting point when thinking of the types of jobs they may be interested in, it was a chance to explore the variety of jobs available and identify where some of their natural strengths may support them. There are many online versions of the buzz quiz, [click here](#) to give it a go yourself! Students were also provided with information about the many options available to them Post-16 (after Y11 studies) and were able to hear from some of our Sixth Form students. These sessions opened up some interesting conversations and questions and it's never too early to start thinking about this stage in your life.

At the beginning of the half term, our Y10 Engineering students took part in a virtual presentation with Q&A delivered by Interserve. The presentation gave an insight into some of the work they have been completing within the Hessle area including the Flood Defence Scheme at the Hessle Foreshore. The students were also able to hear from and ask questions about the different types of construction trades, construction management roles and non-construction roles.

We have been lucky enough to share a number of other virtual opportunities with our students via the online 'Careers Info' group, one of which was very popular with our Y10 students was the 'Law Insight Evening' delivered by the Charles Russell Speechlys Law Firm. Students were provided a really great insight into how a law firm works and makes money, the different departments they have and an opportunity to hear from a number of different solicitors. Now that we have been introduced to these virtual activities it has opened up many opportunities and experiences for our students that we may not have been able to deliver previously. This takes me on to our Y10 Careers Week and what a great week it was...

Last year our Y10 Careers Week did not run due to the sudden lockdown, something we had never experienced before, so we were determined to make this work this year with a blended approach. We planned a jam packed week full of activities and presentations for our students, both virtual and face to face. One of the highlights included the various employer talks from the Police, Armed Forces, Engineering,

West End/TV stars as well as a number of employers talking about their careers within the Health Service including a Physiotherapist, Social Worker, Radiographer, Midwife, Nurse, Pathologist and Radiotherapist. We were lucky that these professionals were able to free up some time to talk to our students, some of whom were on the job at the time and live streamed into the classroom from their workplace, students were very impressed to see some of our NHS workers in their full scrubs, pausing what they were doing to talk to us. All Y10 students were given a bespoke timetable depending on their interests and the support they required. During our Careers Week we also had a number of provider talks from College to Sixth Form, Apprenticeships and UTC (University Technical College). It is important that our students understand the variety of options available to them and that they feel prepared for making these decisions as they move into Y11.

A letter went out to all Y10 parents with details about Log On Move On (LOMO) and how you can support your child with this. During the Careers Week students were shown how to effectively use LOMO and with the support of the Humber Outreach Project (HOP) they also began writing their CV. This is something we are encouraging students to continue to work on over the summer in preparation for Y11 and Mock Interview Day. Another highlight of the week and, for many students, their favourite session was the inspirational talk from Moj at PUSH. The focus of this talk was all about doing the best you can whilst still at school, i.e. extra-curricular activities and working hard towards your exams, so that one day you can find yourself in a career where you 'love what you do'.

A final highlight of the week was our 'Dragons Den' style Enterprise Day. Y10 students took part in this exciting competition in which they were tasked with designing, budgeting and marketing their own Subscription Box. The finalists went up against each other to win goodies and Amazon vouchers as they presented their pitch to the final panel of judges, Mr Groak, Mrs Smith, Kallum Nicholson (Business Entrepreneur and Link Careers Governor) and Kerrie Jaquest (Enterprise Coordinator). A big thank you to our guests and particularly Kallum for supporting our students throughout the day.

The Y10 Careers Week was a great success with 82% of our students attending 10 sessions or more across the week. Student feedback was very positive with 90.6% saying they thoroughly enjoyed the week and 71.9% saying the week has made them feel more prepared for making decisions in Y11 when applying for their post-16 destinations.

We were delighted that ten of our Y10 students graduated from the Scholars Programme last Tuesday, which has enabled them to experience university-style learning. It has given them time to think more about their future education, and to develop relevant academic skills, such as independent research. This was a fantastic opportunity and one in which students are able to put onto their CV.

To celebrate International Women in Engineering Day on 23 June 2021, our students took part in a Women in Manufacturing and Engineering (WiME) themed tutor session. With manufacturing contributing to 17% of our employment in the Humber

region, compared with 8.7% in England, there is a high demand for people with STEM qualifications, but women are still under-represented in these roles. This is why Green Port Hull has launched WiME to encourage, inspire and help women in Hull and East Yorkshire discover the opportunities available... [Click here](#) to take a look at their website and events held.

Myself and Mr Groak met with Fiona Headridge (Humber Careers Hub Lead) last week as the Humber LEP will now cease to exist and therefore we will transition and become members of the newly formed Hull and East Yorkshire LEP (HEY LEP). For the last three years we were lucky enough to be one of the first schools in England to be part of the Careers Hub trial and have been provided with support from our Enterprise Coordinator, regular network meetings, national updates, local training, funded events and sharing of best practice. Now the government has expanded on this by creating more Careers Hubs across England with the intention that within the next two to three years all schools will be in a Careers Hub, hence the geographical changes and new Careers Hubs being formed. We look forward to transitioning to the HEY LEP Careers Hub in September.

We continue to review and evaluate our school's Careers Programme and as we approach the summer I have recently completed a Compass+ evaluation with our Enterprise Coordinator and Enterprise Adviser, as well as meeting with Mrs Edwards (Personal Development Coordinator), Mrs Price (Deputy Headteacher) and Mr Jarman (Head of Sixth Form) to review and update our Careers Programme ready for September. You can find our new Careers Programme for 2021/2022 on our website, here is the link: [Careers Programme](#)

Our Sixth Form induction event moved online last week. Y11 students have been able to participate in a choice of over 30 online lessons, as well as accessing a variety of online talks to ensure they are fully prepared to enrol in Sixth Form on 12 August.

Congratulations to all students that took part in the Duke of Edinburgh expedition over this half term, extreme weather conditions on the final weekend really tested your resilience and determination. Outstanding achievement for all and what a great experience to write about on your CV. Keep an eye out for Miss Moore's recruitment letter coming soon... although the silver award is not for the faint hearted!

Finally, we look forward to welcoming back and supporting our Y11 and 13 students in the summer on their Results Day, reminder of the dates below:

A LEVEL - 10 August 2021

GCSE - 12 August 2021

Have a lovely summer and take care,

Miss Lawes

Careers Leader