



THE CONSORTIUM  
ACADEMY TRUST



**THE  
HESSE  
ACADEMY**

**Penshurst Primary School**

Winthorpe Road, First Lane  
Hessle, East Riding of Yorkshire  
HU13 9EX

**Hessle High School  
& Sixth Form College**

Tranby House, Heads Lane  
Hessle, East Riding of Yorkshire  
HU13 0JQ

Tel: 01482 648604  
Email: [office@hessleacademy.com](mailto:office@hessleacademy.com)  
Website: [www.thehessleacademy.co.uk](http://www.thehessleacademy.co.uk)

9 November 2023

**Secondary - All About Me Day**

Dear Parent/Carer

As part of the Personal Development programme for our students in Year 7, each year we hold an 'All About Me' day. This year, this will take place on Wednesday 15 November 2023.

The day's activities focus on a range of issues affecting young people today including:

- Road safety – as a pedestrian, cyclist and passenger
- Personal health – know your body
- Equality and diversity
- Exploring identities
- Community health - Anti-Social Behaviour
- Prevent – dealing with radical views
- Anti-bullying

There will also be careers sessions, giving students the opportunity to learn more about the options that will be available to them when they finish school and what types of careers they may be suited to.

The all-day event will involve the students being taken off their usual timetable to take part in nine workshops. Tutor, break and lunchtime arrangements are as usual, and the day will finish at 2.50pm, so students are able to access their normal travel arrangements home.

We would actively encourage parents to discuss their child's experience after the event. If you require any further information about any of the issues presented, please contact me.

Yours faithfully

Mrs M Edwards  
Personal Development Coordinator