



## **Penshurst Clubs**

# **GYMNASTICS**

### **Yr. 1-6 – Wednesday**

Children will use all the equipment in the hall to develop an array of gymnastic skills, such as travelling, balance, rolling, jumping & landing, apparatus, and routines. More developed children will move onto more advanced movements. We use air tracks, air barrels, foam wedges and more to help develop children in a wide area of their gymnastics!

Gymnastics club starts Wednesday 8<sup>th</sup> June. 8.00-9.00am. The cost is £28 for a 7 week half term.

