

The Eagle

Newsletter



INSIDE, WE ALSO TALK ABOUT:

Head of Year
Updates

Subject Information

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Key Dates and
Notices

Before the half term our Heads of Houses hosted a Christmas Fayre over both lunchtimes for all of our students, it was very busy and the atmosphere was great!

Miss Raw shared her amazing singing with us and our Sixth Form students continued the festivities into the afternoon.

Tutor groups were given the challenge of producing an idea to sell. Each year group was given a stall that was located within their house section.

Students played Christmas games and sold cakes and festive creations in order to raise money for our chosen house charities.

They raised over £1,300. Well done to all involved!

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Head of Year 11 Updates

As we move through this crucial stage in the academic year, our Year 11 students are completing their final set of Mock Exams before they take on their GCSEs this summer. We have been incredibly impressed with their dedication, maturity, and continued effort in lessons. Their focus has been excellent, and it is clear that many are striving to reach their full potential.



Mr Julian

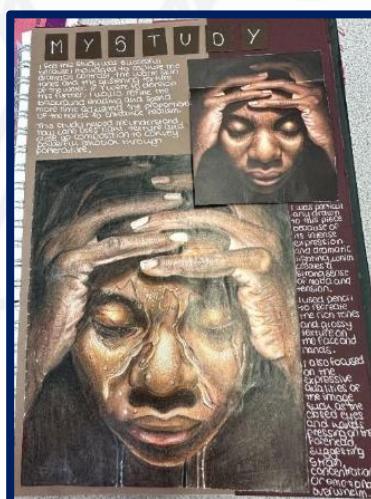
Alongside their strong work in class, we want to emphasise the importance of attending afterschool revision sessions and intervention opportunities. These sessions are designed to strengthen subject knowledge, fill learning gaps, and give students the best possible chance of maximising their final results. We strongly encourage every student to make full use of the support available.

The Prom Passport is now in full swing, and students have been reminded of the expectations and opportunities it brings. Full details can be found on the school website, and tutors revisit these every Friday during Tutor Time to ensure everyone remains informed and on track.

Both Mrs Green and I are incredibly proud of the year group. It has been wonderful to see so many staff 'shoutouts' celebrating students' hard work, positive attitudes, and determination in lessons. These moments of recognition highlight just how committed our students are, and we hope they continue to build on this momentum as we head toward the exam season.

Thank you for your ongoing support. Together, we can help our Year 11's finish their school journey with confidence, pride, and success.

Below is an example of the most amazing GCSE Art Coursework completed by India P, Y11. A great example of what is achievable through hard work and dedication.

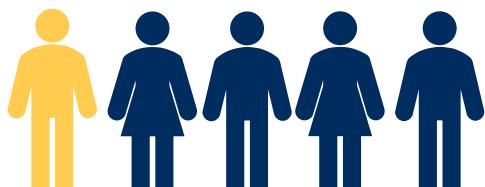


Attendance Matters

Every student,
on time, every day



Did you know



1 in 5

students don't attend school regularly

It's never too late to improve attendance

- Going to school more often will make a difference
- Attendance habits will follow your child into work and life



Schools are here to help.

What families can do ...

- ✓ Be firm: send your child to school every day, all day, unless they are unwell
- ✓ Develop good sleep and morning routines
- ✓ Schedule appointments and extra-curricular activities outside of school
- ✓ Avoid taking holidays during term time
- ✓ Seek help early before your concerns become serious

Each day missed ...

- Puts your child behind and makes it harder for them to catch up
- Can lead to lower achievement in reading and writing
- Can lead to gaps in learning
- Makes school completion less likely
- Makes the transition into a career less likely to be successful

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Year 11 Art

Our Year 11 Art students are all completing coursework presentations worth 60% of their final grade. The examination paper arrives in January, and they are busy preparing for this



Teacher Shoutouts

Millie F, 11P2

Scarlett P, 11C2

Autumn T R, 11P2



Year 11 Photography

Our Year 11 Photography students are all completing coursework presentations worth 60% of their final grade. The examination paper arrives in January, and they are busy preparing for this.



Teacher Shoutouts

Lottie G, 11A2

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Year 11 PE

Performing enhancing drugs (PEDs) are used in sport in different forms and for different reasons.

- Anabolic Steroids
- Stimulants
- Beta Blockers

Anabolic Steroids mimics the hormone testosterone and increases muscle growth. Reduces muscle fatigue. Used in power sports e.g. 100m sprint.

Beta Blockers are taken to reduce heart rate or shakiness. Reduces anxiety and keeps you calm. Used in sports you need to be in e.g. darts, archery.

Stimulants are taken to increase your heart rate. Increases alertness and your reaction times. Gives you an adrenalin (the adrenalin hormone). Take in sports you need energy for. You need adrenalin e.g. short 100m sprint (gymnastics, tennis, boxing).

SIMONE BILES SPLIT LEAP ANALYSIS

Simone's routine was fluent as her split leaps were smooth and her landings were perfectly effortless.

She was pre-determined as she knew all the moves she had to do and she completed her split leap when planned and intended.

Simone's performance was definitely aesthetically pleasing as her movement was completed with the skills she has built up. Her routine was smooth and beautiful.

Simone used efficiency as she could complete flips and jumps which is exhausting but had nailed her technique.

She had co-ordination for all of her tricks but even on the basics of just landing on the beam with no un-coordination of certain parts of her body.

Tuesday 30th September 2025
Skill Classification - Differently
Javelin is a closed skill because it is not dependent on anyone else and the skill of the movement does not change.

Slalom skiing is an open skill because the performance will be adapted depending on what route they do.

different continuum looks at how easy or hard a skill is to perform. routine - a major skill can be broken down into sub-parts e.g. triple jump - run up, take off, hop, complex

The skill is complicated and requires lots of practise in order to perform it.

There is a lot of feedback about the performance of the skill.

There are many decisions to be made about the performance of the skill.

The skill has lots of subroutines (parts) to the performance of it.

The skill requires lots of concentration in order to perform it.

Year 11 GCSE PE students have been making excellent progress this term, covering key topics including ethics in sport, sports psychology, and the health and fitness benefits of physical activity, alongside the importance of a balanced diet. Students have engaged well with discussions around fair play, motivation, and factors affecting performance, while developing a deeper understanding of how lifestyle choices impact physical wellbeing. In addition, students have now begun completing their coursework during lesson time, allowing for focused support and regular feedback as they work towards their final GCSE PE assessments.



Teacher Shoutouts

Leon M, 11A3

Sophie G, 11O3

Lucy D, 11P3

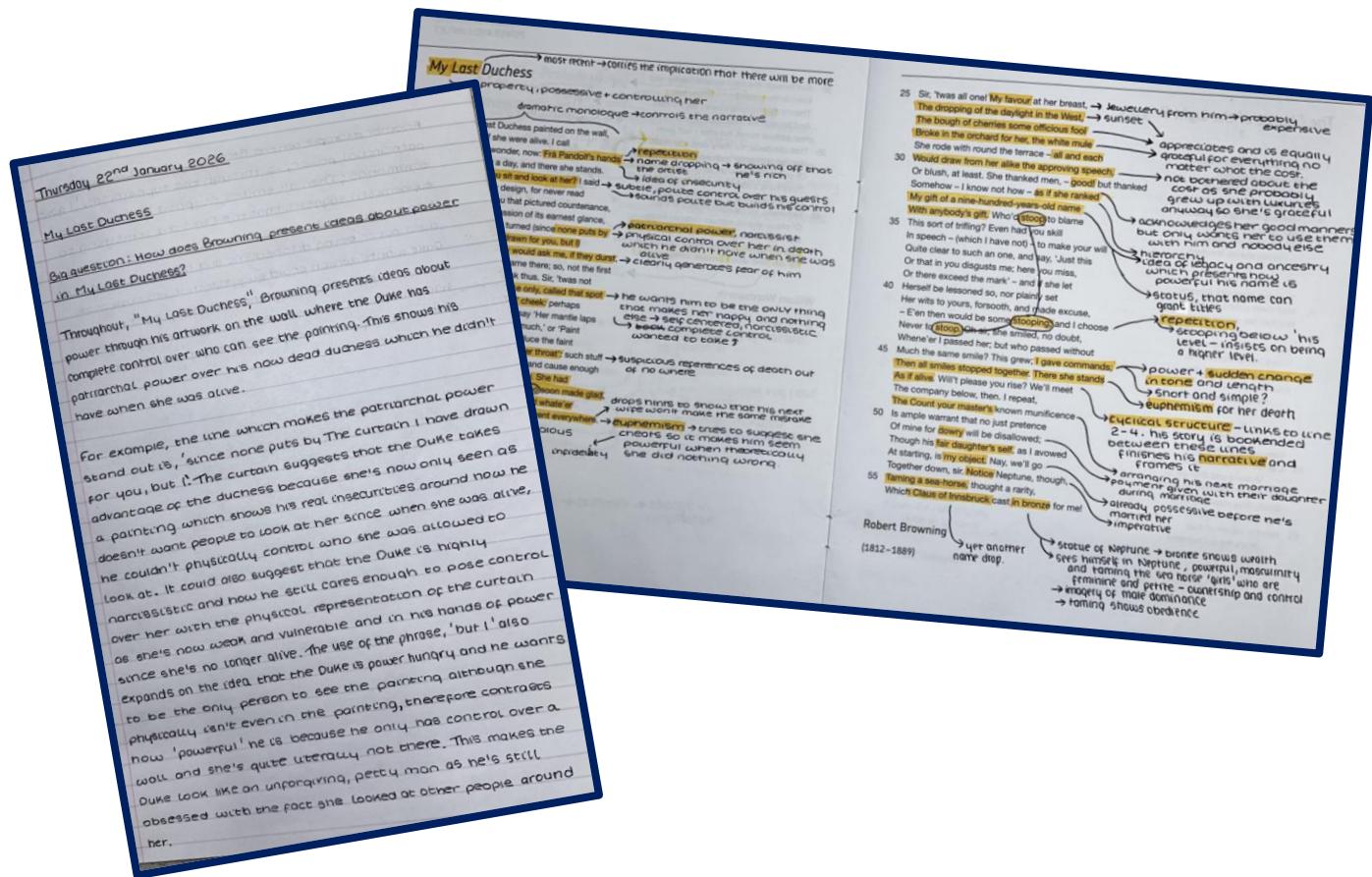
Ivan B, 11P2

Jacob S, 11O3

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Year 11 English

It's poetry central in Year 11 English as students continue to explore the *Power & Conflict* anthology, as well as learning how they can approach 'Unseen Poetry' with independence and confidence. Crucially, students are developing the resilience to turn their annotations into long, analytical essays.



Teacher Shoutouts

Olivia C, 11A1 consistently produces work which is both immaculately presented and of an incredibly high quality, reflecting the highest of standards which she holds herself to every day.

Ella H, 11A1 wrote a superb speech for a piece of persuasive writing and it was a worthy reflection of the hard work that Ella puts in not only every lesson, but into revising after school as well.

Year 11 Maths

This half term year 11 have turned their attentions to the upcoming GCSE mock exam at the beginning of February.

Students have been prioritising key topics for the upcoming mocks working around the crossover content in the exams. This is vital for all students regardless of tier of entry meaning this work is crucial.

It has been pleasing to see so many students working during break, lunch and after school.

We encourage students to attend the intervention sessions provided after school as these will provide vital information, useful methods and examination tips.

Some important websites to use to support your revision are:

www.mathsgenie.com

www.sparx.com

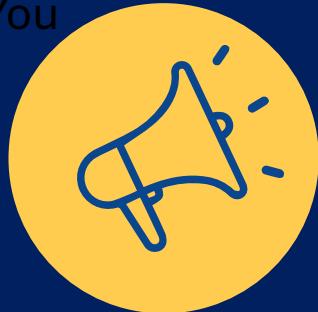
www.corbettmaths.com

These all offer videos to support students with revision alongside exam questions and fully modelled solutions.

As always if you need support please see your class teacher or any member of the maths faculty.

Keep up the efforts in this final push towards the exam!

You



Teacher Shoutouts

Yousif A , 11A1 – Excellent work ethic with revision – Mrs Durham
Emily D , 11O2 – Excellent effort in lessons – Mr Fox
Oliver D , 11O1– 100% scored on homework. Great work! - Mr Fox
Jacob S , 11O3 – Excellent grade on past paper. Well done – Mrs Meir
Hallie G, 11O3– Super effort in lessons – Mr Heath
Saliha K, 11A1– Excellent scores on homework! Well done! - Mr Heath

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Year 11 MFL



Year 11 French students have performed well this term and impressed us on their year 11 journey. All sat mocks in the Higher tier and coped well with the demands of this tier. We were particularly impressed with their speaking efforts. It has also been great to see many more students at revision each Wednesday lunch and after school!

The highlight though was most definitely the Year 11 visit to Lille – students spent 2 nights in France sampling the Christmas market and Le Touquet, a typical French town, and bought all their Christmas presents (in French!).



Teacher Shoutouts

Well done to the following students for really impressing their Languages teacher this half term!

Poppie May D, 11C1 and Maddie W, 11A1

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Orlando House Updates

As we welcome in a new year, it's easy to focus on our resolutions and the things we want to change or improve. However, it's also important to take a moment to reflect on what is already working well and commit to continuing those successes. I have been really impressed by how students have returned to school after the holidays and how quickly they have settled back into their routines. They have continued to show resilience and a strong work ethic in their schoolwork, and it has been lovely to hear about all the fun our Orlando students had during their well-earned break.



Miss R Bishop
Head of House

There are many exciting opportunities to look forward to as the year progresses, including our charity day on **17th March**. This event will support **Dove House Hospice**, and we hope to raise a significant amount of money for this worthwhile cause.

Our Orlando team leaders are currently working hard to plan a range of activities that students across the house can take part in. I look forward to sharing more details with you soon and keeping you updated on everything that is planned.

Christmas Fayre – A Wonderful Community Effort!

Just before the festive break, our school came together for a truly special event – the Christmas Fayre! The atmosphere was buzzing with excitement as students, staff, and families enjoyed an afternoon filled with creativity and fun. From handmade crafts and delicious bakes to beautiful jewelry, competitions, and raffles, there was something for everyone to enjoy.

The effort from all four houses was nothing short of outstanding. Every stall showcased the hard work and imagination of our students, and it was fantastic to see the whole school community supporting such a great cause. Thanks to everyone's generosity and enthusiasm, we raised an incredible **£1,343.04**, which will be split equally between our four house charities.

This achievement reflects the spirit of teamwork and kindness that makes our school so special. A huge thank you to everyone who contributed – whether by baking, crafting, organising, or simply coming along to join the fun. Together, we've made a real difference!



Orlando Shoutouts

Top Value Points from last half term

Nazla H - 1103



dovehouse
hospice
caring for people with a life limiting illness

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Portia House Updates

What a great start to the year for Portia House! As we step confidently into a new academic year, Portia House does so with pride, purpose, and momentum. Our students have returned with a renewed sense of commitment, building on the achievements and positive habits established last term. The dedication they have shown—to their studies, to one another, and to the values of Portia House—sets a strong foundation for continued success. This term begins not as a fresh start alone, but as a continuation of growth, resilience, and excellence that defines our house community.



Miss E Foster
Head of House

Just before the festive break, our school came together for a truly special event – the Christmas Fayre! The atmosphere was buzzing with excitement as students, staff, and families enjoyed an afternoon filled with creativity and fun. From handmade crafts and delicious bakes to beautiful jewellery, competitions, and raffles, there was something for everyone to enjoy. Sixth form students performed a medley of Christmas songs that added an extra sparkle of magic to the fayre, with a guest performance from our fabulous singing coach, Miss Raw.

The effort from all four houses was nothing short of outstanding. Every stall showcased the hard work and imagination of our students, and it was fantastic to see the whole school community supporting such a great cause. Thanks to everyone's generosity and enthusiasm, we raised an incredible **£1,343.04**, which will be split equally between our four house charities.

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Portia Shoutouts

Sophie D, 11P1

Top Value points in year group



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Cassio House Updates

We are delighted to begin the new year by celebrating the fantastic start Cassio House students have made this term. With a fresh sense of purpose and enthusiasm, pupils have returned ready to challenge themselves, support one another, and continue striving for excellence in all they do.

It has been wonderful to see such positive contributions across the house since the Christmas break and you could feel a real sense of pride in our shared achievements.

Cassio House students have shown impressive resilience, determination and their commitment to maintaining high standards and working together as a community truly reflects the values of our house.

As we look ahead to the exciting events and opportunities coming up this year, I am confident that Cassio House will continue to grow stronger by coming together and supporting one another. Thank you to all parents and carers for your ongoing support. We look forward to making this a successful and another memorable year for Cassio House.



Mr E Griffiths
Head of House

Christmas Fayre Success

Just before the Christmas break, our school came together for a wonderful Christmas Fayre, filled with creativity, fun, and a real sense of community. Students, staff, and families enjoyed a range of stalls, including crafts, bakes, jewellery, games, and raffles.

All four houses showed fantastic effort and teamwork, and it was brilliant to see everyone supporting such a worthwhile cause. Thanks to the generosity of our school community, an impressive £1,343.04 was raised and will be shared equally between our four house charities. A huge thank you to everyone who helped make the event such a success.

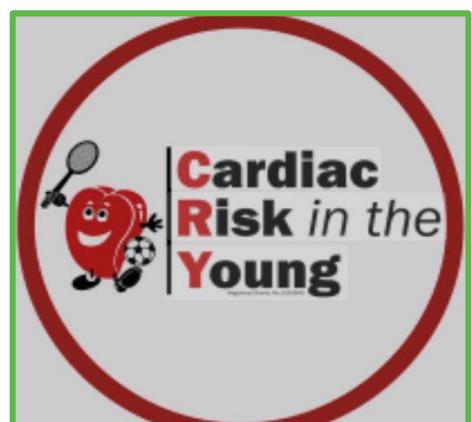


Cassio

**Top House Point Collectors
this Half Term:**



Archie F – 11C3



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Ariel House Updates

I am thrilled to share how brilliantly Ariel House students have been working during this first half term of the school year. Building on the incredible momentum from before Christmas, our students have continued to show dedication, enthusiasm, and a real commitment to excellence.

House points have been pouring in as students strive to meet expectations and go above and beyond in their learning and conduct. It's wonderful to see so many pupils contributing positively to our house community and celebrating their achievements together.

Despite the challenges of the cold winter weather, Ariel House students have demonstrated outstanding resilience. Their determination to keep working hard, support one another, and maintain high standards is something we are truly proud of.

Thank you to all parents and carers for your continued support – together, we are making this a fantastic year for Ariel House!



Miss A Deveney
Head of House

Christmas Fayre – A Wonderful Community Effort!

Just before the festive break, our school came together for a truly special event – the Christmas Fayre! The atmosphere was buzzing with excitement as students, staff, and families enjoyed an afternoon filled with creativity and fun. From handmade crafts and delicious bakes to beautiful jewellery, competitions, and raffles, there was something for everyone to enjoy.

The effort from all four houses was nothing short of outstanding. Every stall showcased the hard work and imagination of our students, and it was fantastic to see the whole school community supporting such a great cause. Thanks to everyone's generosity and enthusiasm, we raised an incredible **£1,343.04**, which will be split equally between our four house charities.

This achievement reflects the spirit of teamwork and kindness that makes our school so special. A huge thank you to everyone who contributed – whether by baking, crafting, organising, or simply coming along to join the fun. Together, we've made a real difference!



Ariel Shoutouts

Top House Point Collectors this Half Term:

Charlie T, 11A1
Keiron S, 11A2
Harriet C, 11A3



YOUNGMiNDS

House Points



13211

13410

12640

15170

Extra-Curricular Clubs

Dungeons and Dragons	Year 7 – 13	G16
Production Rehearsals	Year 7 – 13	Main Hall
Choir	Year 7 – 11	F26
Band Rehearsal	Year 7 - 13	F25/26
Badminton	Year 7 – 11	Sports Hall
Table Tennis	Year 7 – 11	Sports Hall
Netball	Year 7 – 11	Sports Hall
Boys Football	Year 7 – 11	Field
Tigers Trust Girls Football	Year 7 – 11	Field
Boys Rugby League	Year 7 – 8	Field
Scalectrix/Greenpower	Year 7 – 10	G05
Dance	Year 7 – 13	G20
Duolingo	Year 7 – 13	S18

Sporting Events



Year 7 Soccer Sensation Tournament

The annual Year 7 boys' and girls' five-a-side football tournament took place at Soccer Sensations before the Christmas break and was a great success. Students showed enthusiasm, teamwork, and excellent sportsmanship throughout the day.

Both the boys' and girls' competitions were highly competitive, with fast-paced matches and impressive individual and team performances. Players demonstrated strong skills, determination, and respect for officials and opponents alike.

The tournament provided an excellent opportunity for students to represent their year group, build confidence, and enjoy competitive sport in a positive environment.

Overall, the event was thoroughly enjoyed by all involved and was a fantastic celebration of Year 7 football. Congratulations to all participants for their effort and commitment.

Hull F.C. Inspiring Futures Programme

Last year, our Year 10 students had the opportunity to take part in the Hull FC *Inspiring Futures* programme, which was delivered over a 12-week period.

The programme included weekly group mentoring sessions that focused on personal wellbeing, teamwork, and leadership, combining classroom-based learning with practical sports activities.

As part of the programme, students also had the opportunity to complete a Sports Leader Award. Congratulations to all that achieved this accolade.



Sporting Events

East Riding Futsal qualifiers at Hull University

The Year 10 boys represented the school proudly at the East Riding Futsal Qualifiers held at Hull University. They started strongly with a hard-fought draw against South Hunsley, followed by an impressive 3–1 victory over Wolfreton. Further draws against Goole and a narrow loss to Hornsea saw the team finish on 5 points, missing out on qualification by just a single point. A determined performance throughout the competition and plenty to be proud of. Well done boys.



Cross Country

The Humberside Cross Country event took place in Scunthorpe, bringing together talented young runners from across the county to compete for a place at national level. Held over a challenging course, the races showcased determination, endurance, and high-quality performances in all age groups.

The top 10 finishers in each race secured qualification to represent Humberside at the English Schools Cross Country Championships, which will be held in Liverpool in March. The event was a great success and highlighted the depth of cross-country talent across the region.

Congratulations to G. Wright who finished 4th in his category and will progress to English Schools.

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Sporting Events

Upcoming Sporting Fixtures

Rugby	Year 7/8/10	TBC	TBC
Football	Year 8 Boys	Kelvin Hall	TBC
Football	Year 10 Boys	St. Mary's	TBC
Football	Year 11 Boys	South Hunsley	TBC
Football	U15 Girls	St. Mary's	TBC
Football	Year 7 Boys	St. Mary's	TBC
Football	Year 9 Boys	John Whitgift	TBC
Football (7-a-side)	Year 10 Boys	Tournament	TBC

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Key Dates and Notices

School closes for half-term

Friday 13 February 2026

School reopens

Monday 23 February 2026

If you want to see more of your child in our marketing materials, please make sure you consent on the Arbor parent portal. To learn more, click [here](#).

Please click [here](#) to see all of our term dates

HOUSE CHARITY DAYS

Tuesday 17 March 2026



Thursday 30 April 2026



Tuesday 12 May 2026



Wednesday 3 June 2026



Have your contact details changed?

If you have changed any contact details such as home address, mobile number, email etc. Please update these via the Arbor Parent Portal.

Please contact us via office@hessleacademy.com if you have any issues with accessing your account.

Make sure to follow our [Instagram](#) to keep up to date with communications and events.

YEAR 11
JOIN US FOR A NIGHT UNDER THE STARS
PROM NIGHT 2026

TICKETS CAN NOW
BE PURCHASED ON ARBOR

Thursday 2 July 2026
6:00pm – 6:30pm start
The Mercure Hotel, Willerby
Ticket price: £35.00 each