

# Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> <b>£2.30</b>	BEEF BURGER, BAKED WEDGES AND BEANS	BEEF LASAGNE WITH SIDE SALAD	ROAST PORK WITH SEASONAL VEG & POTATOES	CHICKEN CURRY SERVED WITH PILAU RICE	FISH FINGERS WITH CHIPS AND GARDEN PEAS
<b>PLANT BASED MAIN MEAL / VEGETARIAN</b> <b>£2.30</b>	FALAFEL PITTA WITH SALAD AND GARLIC MAYO (V)	VEGETABLE LASAGNE WITH SIDE SALAD (V)	VEGETARIAN SAUSAGE ROAST DINNER (V)	SPINACH AND LENTIL CURRY WITH PILAU RICE (V)	VEGETARIAN NUGGETS WITH CHIPS AND GARDEN PEAS (V)
<b>STREET FOOD</b> <b>£2.20</b>	CHILLI BEEF TACOS	TEX MEX CHICKEN WITH ASIAN SLAW	SPRING ROLLS WITH SWEET CHILLI SAUCE	BBQ CHICKEN WRAP	FISH FINGER BAP WITH CRISY LETTUCE AND SAUCE
<b>TAKEAWAY TUBS</b> <b>£2.20</b>	MEATBALLS ITALIANO	SPICED CHICKEN WRAPS WITH SALAD	BBQ CHICKEN WINGS	SAUSAGES WITH SPICY POTATO WEDGES	CHICKEN PITTAS WITH PEPPERS AND TZATZIKI
	MAC 'N' CHEESE (V)	PASTA POMODORO (V)	TOMATO AND BASIL PASTA (V)	PENNE ARRIABATTA (V)	TOMATO AND MASCARPONE PASTA (V)
<b>PIZZA SLICE</b> <b>£1.45</b>	PEPPERONI	SPICY CAJUN CHICKEN	CHEESE AND HAM	PEPPERONI AND JALAPENO	PEPPERONI
	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)	MARGHERITA (V)
<b>JACKETS</b>	<b>TRY OUR DELICIOUS FILLINGS FOR 80P EACH</b>				
<b>DESSERTS</b>	LEMON DRIZZLE	APPLE CRUMBLE & CUSTARD	BROWNIE	JAM SPONGE	ICED CHOCOLATE SPONGE

**Meal Deal**  
Main meal  
with vegetables  
and dessert



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**£2.70**

All of our main meals, sandwiches & desserts are freshly made on site every day